



Introverts in an extroverted world

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Do you get your energy from within? Are you annoyed by the many people in your workplace who expect quick off the cuff answers? Do you need time to decompress after a social engagement?

You may be an introvert living in an Extroverted world. Most workplaces are not geared to this more reflective type of personality.

We need to work together so it helps to get to know what makes the other half tick.

Are you a misunderstood Introvert?

What advice do you have for the rest of us who draw our energy from other people? Should we leave you alone more?

Extroverts - how do you handle the introverts in your life?